Paul Mitchell The School Overland Park

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

Standard Occupational Classification (SOC 39-5094.00)
Classification of Instructional Programs (CIP 12.0409)

The curriculum involves 1000 hours to satisfy Kansas state requirements. The course includes extensive instruction and practical experience in skin, facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail (Take Home) skills, guest record-keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

****Graduates are prepared to be an entry level esthetician.***
This course is taught in English. Textbooks and course materials are only offered in the English Language.

ESTHETICS COURSE OVERVIEW

Course Hours: 1000 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-Clinical Classroom Instruction:** The first 245 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 10% of the program's total clock hours through distance education.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Overland Park meets or exceeds the state requirements. The

following subjects are taught within the brick & mortar program and the hybrid program:

Subject	Theory Instruction	Practical Hours	Minimum Procedures
1. **Infection Control** a. **Public Health**: Sanitation, Disinfection, Sterilization b. **Universal Precautions**: Cross Contamination, Blood Borne Pathogens	10	50	
2. **Skin Anatomy & Physiology** a. **Structure & Function of the Body Systems & Nerves** b. **Dermatology** c. **Cosmetic Chemistry** d. **Pharmacology** e. **Nutrition**	200		
3. **Skin Analysis & Consultation** a. **Skin Types & Conditions** b. **Contraindications** c. **Health Screening** d. **Consultation, Post Consultation & Home Care** e. **Skin Analysis Equipment**	80	40	
4. **Skin Treatments** a. **Cleansing Techniques** b. **Exfoliation:** Mechanical, Chemical (enzymes, hydro-aphroxy) c. **Extraction:** Without Lancet d. **Conditioning** e. **Masque Therapy** f. **Protection** g. **Massage** h. **Basic Facial Equipment & Safety:** Steamer, Brush Machine	120	120	80 facials
5. **Body Treatments** a. **Back & Chest** b. **Body Wrap** c. **Body Exfoliation** d. **Hydrotherapy** (Theory Only)	20	20	10
6. **Advanced Skin Treatments** a. **Advanced Exfoliation** b. **Extractions Using a Lancet** c. **Microdermabrasion** d. **LED** e. **Chemical Exfoliation:** Gessner's, AHA's f. **Microcurrent & Other Electrical Treatments** g. **Equipment for Advanced Skin Treatments:** Microdermabraion, Microcurrent, LED, Mechanical	80	60	45
7. **Temporary Hair Removal** a. **Tweezing** b. **Waxing** c. **Depilatories** d. **Sugaring** e. **Threading** f. **Contraindications & Safety**	10	30	40 facial waxes 10 body waxes
8. **Makeup** a. **Purpose & Effects** b. **Eyebrow & Eyelash Service** c. **Corrective** d. **Camouflage**	20	40	25
9. **Business Practices** a. **Business Planning** b. **Client Records**	30		
10. **State Law** a. **Rules & Regulations**	20		

Subject	Theory Instruction	Practical Hours	Minimum Procedures
(10) Student Specific Needs	50		
TOTAL HOURS	**1000**		

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

Distance Education hours and assignments are graded and recorded daily. Theory chapter exams, final exams and final practical evaluations must completed in the school facility.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 1000-hour course:

1. **Academic theory exams:** Students must receive a grade of 80% or higher on each theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Core written and practical skills evaluation:** Students must receive a grade of 80% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 80% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date. The core written and practical skills evaluation must be completed within the school facility and cannot be taken through distance education.
3. **Final exam 1:** This test covers an overview of all related Esthetics subjects (e.g., anatomy, chemistry, etc.). Students must receive a grade of 80% or higher on all final exams. Final Exam 1 must be completed within the school facility and cannot be taken through distance education.
4. **Final exam 2:** The written exam covers an overview of all theory instruction, Kansas state law, and other items covered on the state Esthetics exam. Students must receive a grade of 80% or higher on all final exams. Final Exam 2 must be completed within the school facility and cannot be taken through distance education.
5. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.
6. **Practical skills test (mock state board):** Students must receive a 80% or higher grade on all final tests. Practical Skills Tests must be completed within the school facility and cannot be taken through distance education.
7. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 80% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The programs are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson

plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, distance education, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the Future Professional must have the following hardware, software, and network requirements:

- Apple iPad
- An internet connection – broadband wired or wireless (3G or 4G/LTE). Minimum bandwidth is 600kbps (up/down) and recommended is 1.5 Mbps (up/down). Check your Internet bandwidth using Speedtest.
- Qnity
- Safari
- Google & Zoom